

## **WEDNESDAY, April 25**

### **TRACK A: Basic MMPI-2 Introduction, Part 1 ---**

This intermediate-level workshop is designed to introduce the MMPI-2 to individuals with limited or no experience with the test. It is assumed that individuals have some graduate level training in psychological testing and assessment.

#### **Learning Objectives** • Participants will be able to:

- Describe the empirical and conceptual foundations
- Use the documentation available for the MMPI-2
- Evaluate the validity of a test protocol
- Interpret findings on the clinical scales and code types
- Interpret scores on the Restructured Clinical (RC) Scales

8:30: Registration and continental breakfast

9:00: Introduction to the MMPI-2 (John Graham)

10:45: Interpretation of MMPI-2 Validity Scales (Paul Arbisi)

12:15: Lunch Break (90 minutes)

1:45: MMPI-2 Clinical Scales & Code Type (John Graham)

3:30: Interpretation of MMPI-2 RC Scales (Paul Arbisi)

5:00: Adjourn

### **TRACK B: Introduction to the MMPI-2-RF (Restructured Form) ---**

This intermediate-level workshop is designed to introduce the MMPI-2-RF to individuals with limited or no experience with the test. It is assumed that individuals have some graduate level training in psychological testing and assessments. Dr. Auke Tellegen and Dr. Yossef Ben-Porath are instructors for all sessions.

#### **Learning Objectives** • Participants will be able to:

- Assess rationale /methods used to develop the MMPI-2-RF
- Describe the 50 scales of the MMPI-2-RF
- Utilize the MMPI-2-RF materials and documentation
- Utilize the MMPI-2-RF software
- Utilize the MMPI-2-RF comparison groups
- Interpret MMPI-2-RF results

8:30: Registration and Continental breakfast

9:00: MMPI-2-RF Introduction: Rationale, Development & Scale Descriptions

10:45: MMPI-2-RF Documentation and Psychometrics

12:15: Lunch Break (90 minutes)

1:45: Interpretive Guidelines for the MMPI-2-RF

3:30: MMPI-2-RF Case Illustrations

5:00: Adjourn

## **THURSDAY, April 26**

**TRACK A: Basic MMPI-2 Introduction, Part 2 ---** This intermediate-level workshop is designed to introduce the MMPI-2 to individuals with limited or no experience with the test. It is assumed that individuals have some graduate level training in psychological testing and assessment.

#### **Learning Objectives** • Participants will be able to:

- Interpret MMPI-2 Content & Supplementary Scales
- Interpret scores on the MMPI-2 PSY-5 Scales
- Integrate information from various MMPI-2 scales
- Utilize the MMPI-2 as part of an overall assessment of personality & psychopathology

8:30: Registration and Continental breakfast

9:00: Interpretation of MMPI-2 Content and Supplementary Scales & PSY-5 Scales (Martin Sellbom)

10:45: An MMPI-2 Interpretive Strategy (John Graham)

12:15: Lunch Break (90 minutes)

1:45: MMPI-2 Cases (John Graham & Dustin Wygant)

3:30: Introduction to the MMPI-2-RF (Paul Arbisi)

5:00: Adjourn

### **TRACK B: MMPI-2-RF: Setting Specific Applications:**

This workshop is designed for individuals with some familiarity with the MMPI-2-RF, for example, those who have completed the "Introduction to the MMPI-2-RF" workshop. Attendees will further develop their MMPI-2-RF interpretation knowledge and skills in various settings where the test is used. Auke Tellegen, Discussant.

#### **Learning Objectives** • Participants will be able to:

- Utilize special features of the MMPI-2-RF including the comparison group data
- Conduct evidence-based assessments with the MMPI-2-RF
- Interpret scores on the MMPI-2-RF for assessments conducted in forensic settings
- Interpret scores on the MMPI-2-RF in assessments conducted in mental health treatment settings
- Interpret scores on the MMPI-2-RF in evaluations conducted for personnel screenings

8:30: Registration and continental breakfast

9:00: MMPI-2-RF in Personnel Screening (Y. Ben-Porath)

10:45: MMPI-2-RF in Mental Health Settings (D. Wygant)

12:15: Lunch Break (90 minutes)

1:45: MMPI-2-RF in Disability Evaluations (P. Arbisi)

3:30: MMPI-2-RF in Forensic Settings (M. Sellbom)

5:00: Adjourn

## **FRIDAY, April 27**

**TRACK A: Basic MMPI-A Interpretation in Clinical and Forensic Settings ---** This workshop is designed to introduce the adolescent version of the MMPI to individuals with little or no experience with the test. Graduate level education in psychological testing and assessments is assumed. Robert Archer is instructor for all sessions.

**Learning Objectives** • Participants will be able to:

- Assess rationale/methods used to develop the MMPI-A
- Maximize use of scales, including the Validity Scales
- Determine when to administer the MMPI-A
- Apply knowledge of forensic applications
- Develop comprehensive interpretation of the MMPI-A

8:30: Registration and Continental breakfast  
9:00: Development; Interpretation of Validity Scales  
10:45: Interpretive Strategies: Clinical Scales/Code Types  
12:15: Lunch Break (90 minutes)  
1:45: Content & Supplementary Scales; Forensic Applications  
3:30: MMPI-A Clinical Case Examples  
5:00: Adjourn

**TRACK B: The MMPI-2-RF / MMPI-2 and Treatment ---** This advanced-level workshop is designed for individuals familiar with the MMPI-2-RF / MMPI-2. Graduate level education in psychological testing and assessments is assumed. Attendees will develop their MMPI test instrument interpretation knowledge and applications in various treatment settings.

**Learning Objectives** • Participants will be able to:

- Understand how and why psychological assessment can be therapeutic for clients
- Use of "softer" tests to explore MMPI-2 findings
- Discuss MMPI-2 findings with client therapeutically
- Maximize treatment outcome using the MMPI-2
- Utilize the PSY-5 scales to predict psychological features of patient reactions to therapist

8:30: Registration and Continental breakfast  
9:00: Therapeutic Assessment - 1 (Stephen Finn)  
10:45: Therapeutic Assessment - 2 (Stephen Finn)  
12:15: Lunch Break (90 minutes)  
1:45: Use of the MMPI-2-RF/MMPI-2 to Maximize Treatment Outcome (Paul Arbisi)  
3:30: PSY-5 Scales and Treatment Alliance: Managing Transference and Counter-transference (Allan Harkness & John McNulty)  
5:00: Adjourn

**TRACK C: Advanced Topics in MMPI-2-RF / MMPI-2 Interpretation ---** This advanced-level workshop is designed for individuals familiar with the MMPI-2-RF and MMPI-2. Attendees will further develop their interpretation knowledge and skills in use of the MMPI instruments in various settings and applications.

**Learning Objectives** • Participants will be able to:

- Interpret scores on the MMPI instruments related to substance abuse
- Interpret scores on the MMPI instruments related to personality disorders
- Identify over-reporting protocols using the MMPI instruments
- Conduct evidence based assessments using the MMPI instruments

8:30: Registration and Continental Breakfast  
9:00: Assessing Substance Abuse Problems with the MMPI-2-RF/MMPI-2 (Nathan Weed)  
10:45: Assessing Personality Disorders with the MMPI-2-RF/MMPI-2 (Martin Sellbom & Michael Bagby)  
12:15: Lunch Break (90 minutes)  
1:45: Assessing Over-reporting on the MMPI-2-RF/MMPI-2 (Dustin Wygant & Michael Bagby)  
3:30: MMPI-2-RF/MMPI-2 Cases (Paul Arbisi and John Graham)  
5:00: Adjourn

## WORKSHOP PRESENTERS

**Paul A. Arbisi, Ph.D., ABAP, ABPP, Minneapolis VA Medical Center** --- Dr. Paul A. Arbisi is a staff clinical psychologist at the Minneapolis VA Medical Center and Professor in the Department of Psychiatry at the University of Minnesota. He received his Ph.D. in Clinical Psychology from the University of Minnesota in 1990. Dr. Arbisi consults with inpatient and outpatient psychiatric teams and conducts disability evaluations for veterans seeking benefits for PTSD. Dr. Arbisi has published extensively on detecting non credible responding with the MMPI-2/MMPI-2 RF, using the MMPI-2/MMPI-2 RF in psychiatric settings, and the use of self report instruments including the MMPI-2/MMPI-2 RF to evaluate trauma exposed veterans. He has a private practice specializing in disability evaluations.

**Robert Archer, Ph.D., ABPP (CL), Eastern Virginia Medical School** --- Dr. Robert Archer is the Director of Psychology, Department of Psychiatry and Behavioral Sciences, at the Eastern Virginia Medical School. Dr. Archer is the author of numerous books, articles and book chapters related to psychological assessment, including *MMPI-A: Assessing Adolescent Psychopathology* (3rd Edition, 2005). Dr. Archer served on the advisory committee to the University of Minnesota Press for the development of the MMPI-A and is a co-author of the MMPI-A manual. He is currently working on the University of Minnesota Press Committee to develop the MMPI-A-RF. Dr. Archer served as the Founding Editor of *Assessment*, a quarterly journal that began publication in March of 1994, and was an Associate Editor for the *Journal of Personality Assessment*.

**Michael Bagby, Ph.D., University of Toronto** --- R. Michael Bagby, Ph.D., Centre for Addiction and Mental Health, Toronto, Ontario. Dr. Bagby's research is focused primarily on the role of personality in the formation and shape and onset of psychopathology, including anxiety disorders, disorders of mood, pathological gambling, and somatization disorders. He is also interested in personality and treatment outcome, with a focus on personality as a predictor in response to different types of interventions (e.g., cognitive therapy vs. pharmacotherapy) in the treatment of major depression. In addition, Dr. Bagby has an active program of research in psychodiagnostic assessment, especially the assessment and detection of malingering in forensic and disability evaluations. He has developed a number of psychological tests and interviews, reflecting his interest in test construction.

**Yossef S. Ben-Porath, Ph.D., Kent State University** --- Dr. Ben-Porath is a Professor of Psychology at Kent State University. He received his doctoral training at the University of Minnesota and has been involved extensively in MMPI-2 research since 1986. He is a co-developer of the MMPI-2-RF and co-author of test manuals and numerous books, book chapters and articles on the MMPI-2 test. Dr. Ben-Porath is a co-developer of several MMPI-2 scales including VRIN, TRIN, and FP, the Content Scales, Content Component Scales the PSY-5 Scales, and the RC Scales. He is Associate Editor of *Psychological Assessment*. His clinical practice involves consultation to agencies that screen candidates for public safety positions and conducting criminal court ordered forensic psychological evaluations.

**Stephen Finn, Ph.D., Center for Therapeutic Assessment, Austin, TX** --- Dr. Stephen Finn is the founder of the Center for Therapeutic Assessment in Austin, TX and a Clinical Associate Professor of Psychology at the University of Texas at Austin. He is the author of *In Our Clients' Shoes: Theory and Techniques of Therapeutic Assessment* (Erlbaum, 2007), *A Manual for Using the MMPI-2 as a Therapeutic Intervention* (Minnesota, 1996), and (with Hale Martin) *Masculinity and Femininity in the MMPI-2 and MMPI-A* (Minnesota, 2010). He is also co-editor of the upcoming book, *A Guide to Collaborative/Therapeutic Assessment: Cases Illustrating Practices and Outcomes* (2012, Wiley). Dr. Finn obtained his Ph.D. in Clinical Psychology from the University of Minnesota in 1984. He is a Fellow of the American Psychological Association and of the Society of Personality Assessment, for which he served as President in 2002-2004. He is the recipient of the 2011 Bruno Klopfer Award from the Society of Personality Assessment, for distinguished lifetime contributions to the field of personality assessment.

**John R. Graham, Ph.D., Kent State University** --- Dr. Graham is Professor Emeritus of Psychology at Kent State University. He is one of the authors of the MMPI-2 and the MMPI-A. He has been a substantial contributor to the MMPI research literature and is author of a widely used text, *MMPI-2: Assessing Personality and Psychopathology*, published by Oxford University Press. In addition to his University responsibilities, he consults with attorneys concerning the use of the MMPI-2 in forensic settings. He has presented workshops nationally and internationally on the MMPI instruments.

**Allan Harkness, Ph.D., University of Tulsa** --- Al Harkness received his Ph.D. from the University of Minnesota in 1988. Along with John McNulty he developed the PSY-5 model that has been recognized as a precursor to the DSM-5 personality traits model. He has won numerous teaching awards including the University of Tulsa College of Arts and Sciences Teaching Award and the University of Tulsa's Lifetime Excellence in Teaching Award. He has served as Director of The University of Tulsa's APA accredited clinical training program from 1996-2001, as Chair of the Psychology Department from 2001-2004 and is currently the Director of the University's Interdisciplinary Institute for Biochemical and Psychological Study of Individual Differences (IBPID).

**John L. McNulty, Ph.D., University of Tulsa** --- Dr. John L. McNulty graduated from the University of Tulsa in 1995 with a PhD in clinical psychology. Prior to returning to TU in the fall of 1999, he completed post-doctoral training at Kent State University, specializing in personality assessment. He has authored or co-authored numerous articles or book chapters, and co-authored a book with John R. Graham and Yossef S. Ben-Porath on the interpretation of the Minnesota Multiphasic Personality Inventory - 2nd Edition (MMPI-2), the most widely used personality assessment instrument in the world. Dr. McNulty received the 2003 Society for Personality Assessment Samuel J. and Anne G. Beck Award for outstanding early career research in the field of personality assessment.

**Martin Sellbom, Ph.D., University of Alabama** --- Dr. Sellbom is an Assistant Professor in the Department of Psychology at The University of Alabama. He received his Ph.D. from Kent State University, and spent two years as a post-doctoral fellow at Kent State University and Psycho-Diagnostic Clinic in Akron, Ohio. Dr. Sellbom's research focuses on psychopathy and other personality disorders (with a current focus on DSM-5 developments), the broader integration of personality and psychopathology, and personality assessment with the MMPI-2 and MMPI-2-RF. His work has been featured in over 65 scholarly publications and he has won several awards, including the Society for Personality Assessment's Samuel and Anne Beck Award for early career achievement. Dr. Sellbom serves as an Associate Editor for the journal *Assessment*, and is a member of the editorial boards of *Psychological Assessment*, *Journal of Personality Assessment*, and *Journal of Psychopathology and Behavioral Assessment*. For his clinical practice, he specializes in court-ordered forensic psychological evaluation and pre-employment evaluations for public safety positions.

**Auke Tellegen, Ph.D., University of Minnesota** --- Dr. Auke Tellegen received a Ph.D. in personality psychology from the University of Minnesota in 1962 and completed a post-doctoral fellowship in clinical psychology at the University of Minnesota Medical School in 1963. He was a professor in the Department of Psychology from 1968 to 1999, when he became Professor Emeritus. He has published on the assessment of mood, personality, hypnotic responsiveness, and psychopathology. He is author of the Multidimensional Personality Questionnaire (MPQ), a broadband personality inventory; co-author of the MMPI-2, MMPI-A, and MMPI-2-RF (Restructured Form); and author of the MMPI-2 Restructured Clinical (RC) Scales.

**Nathan Weed, Ph.D., Central Michigan University** --- Dr. Nathan Weed is a Professor of Psychology at Central Michigan University (CMU). He received his Ph.D. in Clinical Psychology from the University of Minnesota in 1992, where he studied with Dr. James N. Butcher and Dr. Auke Tellegen. He joined the CMU faculty in 2001 after nine years on the clinical psychology faculty at the University of Mississippi. Involved in MMPI research since 1986, his chief teaching, research, and clinical interests remain in the area of clinical psychological assessment. At CMU he directs a psychological assessment research laboratory and a psychological assessment training clinic for its APA-accredited Ph.D program in Clinical Psychology. Dr. Weed is Associate Editor of *Psychological Assessment*, a journal published by the American Psychological Association, and is on the journal editorial boards of *Assessment*, published by Sage, and the *Journal of Personality Assessment*, published by Taylor & Francis. He has served on the UMN Press Test Division Advisory Board since 2008 and currently serves as chair.

**Dustin Wygant, Ph.D., Eastern Kentucky University** --- Dr. Wygant graduated with his Ph.D. in 2007 from Kent State University. Prior to joining the Psychology Department at Eastern Kentucky University, he worked as a clinical psychologist in Akron, Ohio and specialized in completing court-ordered psychological evaluations and providing court testimony as an expert witness. Dr. Wygant is a licensed clinical psychologist in Kentucky and Ohio and maintains a small consulting practice specializing in forensic evaluation and consultation. He also regularly consults with the University of Cincinnati, Division of Forensic Psychiatry. His research interests include the assessment and conceptualization of malingering and psychopathy.